



Ethnic Studies Lesson 8B: Ethnic Studies Conclusion—Food

TOPIC:
CONCLUSION

GRADE LEVELS:
11-12

TIME:
1½ HOURS

California Ethnic Studies Model Curriculum Themes, Values, and Principles Alignment

Themes:

1. Identity
4. Social Movements and Equity

Values and Principles:

1. Cultivate empathy, community actualization, cultural perpetuity, self-worth, self-determination, and the holistic well-being of all participants, especially Native People/s and Black, Indigenous, and People of Color (BIPOC).
6. Connect ourselves to past and contemporary social movements that struggle for social justice and an equitable and democratic society, and conceptualize, imagine, and build new possibilities for a post-racist, post-systemic-racism society that promotes collective narratives of transformative resistance, critical hope, and radical healing

California English and Social Science Standards Alignment

English Language Arts Standards (11th and 12th Grade):

Reading—Informational Text (RI.11-12)

Evaluate authors' differing points of view on the same historical event or issue by assessing the authors' claims, reasoning, and evidence. (RI.11-12.6)

Writing—(W.11-12)

Write informative/explanatory texts to examine and convey complex ideas, concepts, and information clearly and accurately through the effective selection, organization, and analysis of content. (W.11-12.2)

Develop claims and counterclaims fairly and thoroughly, supplying the most relevant evidence for each while pointing out the strengths and limitations of both in a manner that anticipates the audience's knowledge level, concerns, values, and possible biases. (W.11-12.1b)

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Write arguments to support claims in an analysis of substantive topics or texts, using valid reasoning and relevant and sufficient evidence. (W.11-12.1)

Develop and strengthen writing as needed by planning, revising, editing, rewriting, or trying a new approach, focusing on addressing what is most significant for a specific purpose and audience. (W.11-12.5)

Social Sciences Standards (11th and 12th Grade):

History-Social Science Content Standards—(Grades 9-12)

Analyze the impact of social movements and reforms on changing societal norms and policies. (11.10)

Analyze the impact of landmark Supreme Court cases and legislation on the advancement of civil rights and liberties. (12.5)

Lesson Purpose

Students will research how US immigrant food scarcity, production, and offerings reflect cultural diversity.

Essential Questions

How does US immigrant food scarcity, production, and offerings reflect US cultural diversity?

How effective have civil rights measures been for different ethnic groups in the United States over the last 400 years?

Include measures of a democratic society that were used to improve civil rights as well as a counterargument and rebuttal about whiteness in America.

Materials

[Pew Research Center: Multiracial in America](#)

[Immigrant food: Food Insecurity Among Immigrants in the US](#)

[Migration Policy Institute: The Essential Role of Immigrants in the US Food Supply Chain](#)

[Sample essay outline](#)

Vocabulary

politics of food

food scarcity

diverse

Lesson Steps

Step 1:

- As a class, ask students if they believe that the US is the most ethnically diverse country in the world. Have students write down a thesis on their own. Have students read quietly on their own [Pew Research Center: The most \(and least\) culturally diverse countries in the world](#). While students read, have them take notes on evidence that proves or disproves their thesis. As a class, when students have completed their reading, have students share their results. Are the results surprising or expected? How might other

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countries handle ethnic diversity? What might be issues in other countries (e.g., civil rights, access to education, housing, voting, legislation, power)?

- Ask students, “How might food be a mirror for ethnic diversity, civil rights, and tolerance?” Separate the class into two groups. Each group should take notes in their area in order to answer that question.
 - [Immigrant food: Food Insecurity Among Immigrants in the US](#)
 - [Migration Policy Institute: The Essential Role of Immigrants in the US Food Supply Chain](#)
- When students have completed their reading, have the two groups present their findings. Ask students if information about food as an example of diversity in the US could be used in their essay introduction or conclusion.
- If possible, let students know that the class will be holding a diverse ethnic food day for the last day of class (Lesson 8D). The class can coordinate dishes, or the food can be provided through another school organization if students are not allowed to bring home-cooked items.

Step 2:

- Continue working on the final essay question for this class, “How effective have civil rights measures been for different ethnic groups in the United States over the last 400 years? Include measures of a democratic society that were used to improve civil rights as well as a counterargument and rebuttal about whiteness in America.” Let students know that they will be preparing their rough draft over this class and the next class, and that it will be a summary of their learning from KWL charts, unit essays, and homework assignments.
- During this class session students will work on the body paragraphs of their essay. Show students a [sample essay outline](#). Depending on the level of class writing, students could also choose to write a more advanced essay by topic—housing, education, violence, citizenship, economic success, etc.—or by democratic methods—citizenship, voting rights, legislation, Supreme Court rulings, organizations, etc. Have students access their end-of-unit essays in order to create the topic sentences for each of their five body paragraphs. Students can also fill in their outlines with evidence from their essays that supports their topic sentences and conclusions.
- Have students share their topic sentences and evidence outline with the teacher for approval before the end of class.

Step 3:

- As a class, ask students this lesson’s question, “How does US immigrant food scarcity, production, and offerings reflect US cultural diversity?” and this unit’s question, “How effective have civil rights measures been for different ethnic groups in the United States over the last 400 years? Include measures of a democratic society that were used to improve civil rights as well as a counterargument and rebuttal about whiteness in America.” Let students share at the end of the class in order to continue the discussion as they prepare for their essay writing. Encourage students to refer to KWL charts and homework assignments for citations.

Essential Question Assessment, Application, Action, and Reflection

Ask students to complete an essay (nine paragraph or longer) summarizing their learning of “How effective have civil rights measures been for different ethnic groups in the United States over the last 400 years? Include measures of a democratic society that were used to improve civil rights as well as a counterargument and rebuttal about whiteness in America.” All students should have access to the KWL charts for all units, previous unit essays, and homework assignments. All students should cite the sources of their information accurately. This is the first day of three that students will have to work on their essay.

Additional Readings and Resources

[Five Documentaries About How Immigrants Have Shaped US Food Culture](#)

NOTE TO EDUCATORS REGARDING ADDITIONAL READINGS AND RESOURCES: America is a pluralistic country, ethnically. It is also a pluralistic country politically—left, right, and center. Ethnic studies educators have ready access to resources from the left-of-center in the [2021 California Model Curriculum](#) and in the [Liberated Model Curriculum](#). This Comparative Cultures Ethnic Studies curriculum favors teachers exposing students to views from across the political spectrum. Educators often lack guidance to materials from outside the left-of-center. Therefore, in the sections on Additional Readings and Resources, the Comparative Cultures Ethnic Studies curriculum alerts educators to credible resources that provide an alternative to the other Model Curricula. In doing so, this curriculum encourages educators to acquaint students with evidence-based views from left, right, and center.

Support Ethnic Studies 8A: Conclusion Essay

How effective have civil rights measures been for different ethnic groups in the United States over the last 400 years? Include measures of a democratic society that were used to improve civil rights as well as a counterargument and rebuttal about whiteness in America.

I. Introduction

- a. Explanation of the topic
- b. Thesis statement

II. Body Paragraphs

A. Native Americans

- a. Topic sentence
- b. Evidence of civil rights effectiveness and democratic measures
- c. Conclusion

B. Latino/Hispanic Americans

- a. Topic sentence
- b. Evidence of civil rights effectiveness and democratic measures
- c. Conclusion

C. African Americans

- a. Topic sentence
- b. Evidence of civil rights effectiveness and democratic measures
- c. Conclusion

D. Asian Americans

- a. Topic sentence
- b. Evidence of civil rights effectiveness and democratic measures
- c. Conclusion

E. Jewish Americans

- a. Topic sentence
- b. Evidence of civil rights effectiveness and democratic measures
- c. Conclusion

F. Counterargument and Rebuttal on Whiteness in America

- a. Topic sentence
- b. Evidence of civil rights effectiveness and democratic measures
- c. Conclusion

III. Conclusion

- a. Restatement of thesis
- b. Restate main points from the body
- c. Make a point with the ending